

SPORTS



Kristina Nelson

Katherine Rehberger, Emma Grimaldi, Shelby Nelson, Adele Thompson, Hannah Arbios, Madeline Nelson, Emma Lazlo, Julia Thompson, Ella Chabre, Nia Lustig-Ellison, Sonia Hernani, and Zadi Moon make up the Alameda Water Polo Club team.

Neptunes Water Polo Wins Gold

Sun Staff Reports

Alameda water polo club team, the Neptunes, brought home the gold, winning first place at the Santa Cruz Classic Water Polo Tournament Sunday, June 4, in Aptos.

The young team was able to pull off a come-from-behind victory over the expected favorite NorCal Water Polo Club from Stanford/Palo Alto. The team had great success in the 18-and-under division tournament, despite the fact that the majority of the girls are under 16.

Although they scored the first goal, the Neptunes found themselves down at the half. Veteran Madeline Nelson was put into goal and prevented NorCal from scoring in the second half. The Neptunes clinched the victory with a 10-7 score.

Madeline and Shelby Nelson led the team with nine goals each

throughout the tournament. Julia Thompson led the way with 18 steals. Thomson, Madeline and Shelby each had six assists to lead the team in the tournament.

Athletes Perform at NCS

Ekene Ikeme

Alameda and Encinal high school swim teams competed at North Coast Section (NCS) swim and diving championship meet May 12 and 13 in Concord.

Alameda

Alameda sophomore Donovan Chan finished 16th in the men's 50-yard free with a time of 22.25. He swam the prelims in 21.78.

Hornet sophomore Ashley Hendrawan finished 19th in the women's 200-yard individual medley with a time of 1:40.86. However, she did not make the final cut.

Learn to Swim, Scuba

Sun Staff Reports

The Alameda Recreation and Park Department (ARPD) is offering swim lessons to young boys and girls this summer.

Lessons are for kids three to 15 years old. Lessons will be divided into three sessions. The first session is from June 19 to July 6, which will total 11 lessons. The second session is from July 10 to July 27, which will amass 12 lessons. A third session runs from July 31 to Aug. 10, and will total eight lessons.

Swim classes will follow the American Red Cross level system. Each student will be tested by staff and placed in classes according to Red Cross standards. Visit redcross.org to learn about level requirements.

Pricing varies by age and session. For three- to five-year-old Alameda residents, price is \$75 for session one, \$81 for session two and \$54 for session three. For six- to 15-year-old Alameda residents, price is \$112 for session one, \$122 for session two and \$81 for session three. Non-resident pricing differs from resident pricing.

Scuba

ARPD is also offering a scuba camp for 12- to 18-year olds.

The session will begin July 10 and end on July 21. Classes are Monday through Friday from 9:30 a.m. to 12:30 p.m. Campers in this two-week program will gain a deep appreciation for the wonders of life beneath the surface as they learn how to scuba dive and have the opportunity to become certified as open water divers.

Scuba instruction will take place in the pool before campers venture out into Monterey Bay for open water certification (junior certification for 12 to 14 year olds).

Participants must bring mask, snorkel and fins as well as a wetsuit and gear for open water diving. Instructor has contacts for equipment rentals if needed.

The fee for the scuba class is \$280, plus \$45 for e-learning materials paid to the instructor. Class fees include tank-tops, weights, regulator and more.

Underwater Obstacle Course

The Alameda Parks and Recreation Department is offering an underwater obstacle course program this summer.

No scuba experience is needed. Equipment is provided. Sessions will be on Fridays from June 23 to Aug. 4. Sessions will be held at the Emma Hood Swim Center, 2256 Alameda Ave. from 2 to 3 p.m. The cost is \$49. Must be at least eight years old.

For more information on any of these three events or to register, visit <https://alamedaca.gov/recreation/youth-sports>.

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President's First Round

Sun Staff Reports

Members of the Alameda Women's Golf Club took part in the first round of the 65th annual President's Cup last Thursday, June 8, on the Earl Fry Course. The President's Cup is played under net tournament rules where the golfer with the lowest net wins regardless of flight division. Scores from all three rounds are accumulated to declare the tournament winner.

The top three golfers each came from a different flight. Sherry Westernoff leads the pack after the first round after she shot a net 66 from the second flight — handicap of 25 to 29. Westernoff holds a two-stroke lead over second-place finisher Ruby Soo who shot a net 68 from the third flight — handicap of 30 to 40.

Madeline Sally is currently in third place with a net 69. She competed in the first flight — handicap of 11 to 23. Tai Chewpanich is fourth after round one in the President's Cup after posting a net 70 from the first flight. Chewpanich, along with fellow first flight golfer Valerie Buscher, had the lowest gross score of the day with an overall 82.

Buscher and three other golfers are tied for fifth place with matching net 71s. Dot Moody (first flight), Debbie Adams (second flight) and Kay Park (third flight) are the others with net 71s. Moody was last year's winner. She represented Alameda in the 2016 Bay Area Club Champions' Tournament held at Poppy Ridge earlier this year, and she won first place.

There was still flight competitions in the event. Claire Loud posted a net 73 to round out the top five in first flight after Sally, Chewpanich, Moody and Buscher. Maggie Lindquist and Bernice Herzberg are tied for sixth place with net 74s.

Barbara Mickle shot a net 73 to place third in the second flight. Alice Wong and Sonia Kwak tied for fourth place in the second flight with net 78s.

Diane Hughes shot a net 75 for third place in the third flight. Pam Curtis posted a net 76 for fourth place, while Bobbie Hoepner shot a net 77 to round out the top five of the flight.

Twenty-five golfers competed in the tournament. Round two will take place today at the Fry Course.

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HAPPENING IN DOWNTOWN ALAMEDA

Find Fun, Food, and Father's Day Gifts in Downtown Alameda

Father's Day is this Sunday, June 18.

Looking for last-minute gift ideas? You'll find truly unique and interesting gifts for dads of all ages in Downtown Alameda. It's also a great place to spend a memorable day with Dad and the kids.

FUN & GAMES

Dad will have a blast spending an afternoon and evening in Downtown Alameda. There's plenty of activities to choose from... You could treat Dad to the latest blockbuster movie at Alameda Theatre & Cinplex, stop in for a round of golf at Subpar Miniature Golf or even challenge him to a classic video arcade game (the kind he played as a kid) at High Scores Arcade.

Afterwards, you could enjoy a fun family night at home by first stopping by D20 Games to pick out a popular tabletop game. Or better yet, take your new game to Alameda Island Brewing Company and enjoy a beer together while you test it out.

FOOD & DRINK

It's hard to fail when it comes to providing Dad

with good fare and good libations. Downtown Alameda offers plenty of food and drink establishments that make for a memorable outing whether it's breakfast, lunch, dinner or something in between.

For a hearty breakfast, you can take Dad to one of the classic diners like Ole's Waffle Shop and Jim's Home-style Diner, or a new favorite like Home Skillet. Lunch time is a perfect time for enjoying good food and outdoor seating at spaces like Mama Papa Lithuania, C'era Una Volta and Speisekammer.

If a steak dinner is on the wish list, be sure to check out the evening menus at

Gold Coast Grill, American Oak and The Hobnob. Or, to accompany the board game you just picked out, you could consider stopping at Barons Quality Meats to take home a couple of choice steaks or a roast to home cook for Dad.

GIFTS & COLLECTIBLES

Looking to wrap something up for Dad? You can find a gift that fits your father's personality at a number of shops in Downtown Alameda. Bonne Vie offers a terrific assortment of fine cigars and European beers. Therapy Home has funky

gifts of all kinds. And there are plenty of collectibles to be found at Fort Knox, Silver Baron's Coins and Bay Farm Collectibles. You might also find a few treasures at Lost City Antiques, Pauline's Antiques and Vintiq.

For the best deal in town this weekend, Alameda Bicycle is holding their annual Father's Day sale.

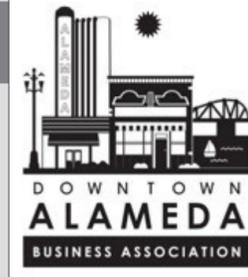
It's the only time of the year when every single product in the store is on sale — including massive discounts on bikes! But no need to wait for the weekend — the sale starts on Friday.

Looking for even more ideas? You'll find auto

accessories, jewelry, craft beverages, cigars and so much more in Downtown Alameda.

ABOUT DABA

You'll always find great food and drink establishments, charming shops, friendly services and fun things to do in Downtown



Alameda! To learn more about the businesses and events in Downtown Alameda, visit www.DowntownAlameda.com.

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